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Celebrat Whether you are a donor,

volunteer or employee; partner, youth or family member,

you are making a difference. You are promoting youth healing and resiliency; you are investing in the development of life and coping skills development; and you are investing in our communities' collective future.

Whether you "see" yourself in the highlights of our youth's successes, the investment of friends and partners, or the many activities and joys of our volunteers, please know that each contribution builds upon the gifts of others just like yours, and together we are helping to sustain a healing center.

If you are looking for opportunities to continue to support our growth, you will find updates on our projects to renovate the Boswell Gymnasium, develop a family center and launch an additional evidence-based, community treatment program. You can make a difference!

Mental wellness is our goal and should be the goal of all. MHY creates opportunities for youth and families to heal and create strong coping strategies for managing anxiety, depression, anger and frustration. As you read about our youth's experiences and successes, I hope you will be inspired to continue to invest in helping MHY to improve the mental health of the youth who are our future.

In gratitude and service,

sa M. Schiller, Executive Director



Programs and Offerings

217
Children served through residential

programs last year



1086

Served through MHY's Community Services Program

1341

Youth and families served across all programs in FY 18-19

RESIDENTIAL PROGRAMS

- Diversion and Acute Stabilization (DAS)
- Residential Treatment Facility (RTF) for boys
- RYSE Residential Treatment Facility (RTF) for girls

LONGMORE ACADEMY

Licensed as a private academic school by the Pennsylvania Department of Education, Longmore Academy provides education for youth in MHY's residential programs as well as students from area school districts. In addition to a supportive traumainformed learning environment and core curriculum framework, Longmore Academy offers electives, including STEM, music therapy and pet-assisted literacy. Through individualized instructional practices, students can receive remediation support, credit recovery as well as college and career readiness planning.

COMMUNITY SERVICES PROGRAMS

- Multisystemic Therapy (MST)
- High Fidelity Wraparound (HFW)
- Intensive Aftercare and Community Monitoring
- Electronic Monitoring
- Drug Testing

To learn more about these programs, visit www.mhyfamilyservices.org.

Your Support of Our Wo Made a Diffe



MHY's programs allow for a step down approach to care as youth and families progress therapeutically.

This past year,
8 children successfully discharged from MHY's residential program chose to continue their care through MHY's
Community Services.

MHY has provided the highest level of service to our youth and families. Because of your support, our team of committed and passionate employees can make differences—big and small—in the lives of those in our care.

New Therapeutic Recreation Program

MHY's new Therapeutic Recreation Program introduced new opportunities for the youth in residential care. This year, **youth were offered 160 different therapeutic and educational groups** providing guidance and support to manage bullying, fitness, nutrition, financial literacy, and developing new and individualized coping strategies.

Therapeutic Recreation during the summer months provided children with even more activity. Through the generous support of several donors, children participated in arts and music programs, painting instruction and physical fitness. MHY also welcomed community volunteers and programs introducing fun and educational activities to MHY's boys and girls.





Longmore Academy's Extended School Year (ESY) program focuses on maintaining and/or building skill level, kinesthetic learning, and providing a safe, nurturing environment to assist with school related anxiety and phobia. Through summer school, students can recover academic credit to keep them on track for graduation.

This year, Longmore Academy was able to expand its reach to students in MHY's residential programs as well as more students from the community who qualify for ESY. Longmore served four-times the number of community students this summer compared to last year.

259

number of students served by Longmore Academy



Longmore served a total of 122 school districts.



Longmore educated

44 students who commuted

to Longmore for
just their school day.



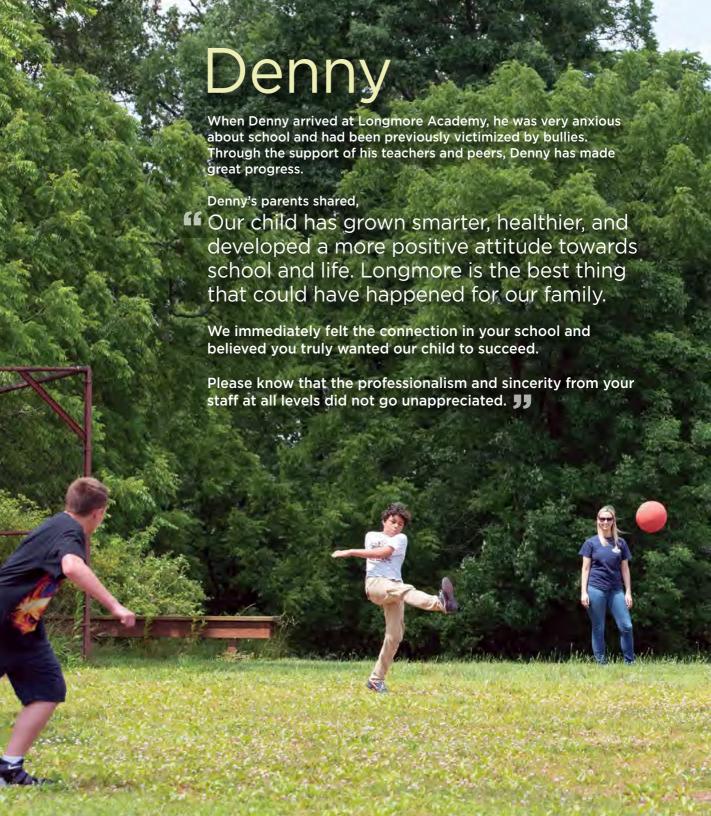
Several students who finished treatment in one of MHY's residential programs this year **chose to remain at Longmore.**

Students reported satisfaction with smaller class size, individualized learning lessons, feeling more support with school-related anxiety, and most importantly, feeling safe.



Resident Advisor Delcie Trout celebrated 10 years at MHY. With a warm and inviting smile,
Delcie states, "I have always known that I wanted to work with children. It has taken me more years than I care to admit, but I have found my place in the world and it's here at MHY, working with these children."

Delcie is finishing her degree in Elementary and Special Education through the support of MHY's tuition reimbursement program.





MHY's Chaplaincy Program has been central to the organization's mission for decades. Today, spiritual leaders from Dutilh United Methodist Church. Mars United Presbyterian Church, Old Union Presbyterian Church and Valencia Presbyterian Church offer a weekly service on the Mars campus to all interested vouth in MHY's residential programs. In addition to weekly services, the Chaplaincy Pastors provide a special Christmas service. Easter sunrise service, and back-toschool kick off service and celebration. Chaplaincy support for some youth is critical to their healing and wellness. MHY and the Chaplaincy Team are committed to supporting youth of all faiths and ensuring their individual spiritual needs are met.

"As local pastors, we see the value of MHY's Chaplaincy Program. Through MHY's Chaplaincy Program, youth have an opportunity for a positive connection to the community, and an opportunity to explore their questions and concerns about life and faith."

- Dutilh Pastor Tom Parkinson and Associate Pastor Jim Gascoine

Michael

Michael has been working with therapist Joy Pfaff over the last two years on coping strategies to manage his ADHD and angry or frustrating emotions. Using positive imagery — or "thinking of my paradise," as Michael likes to call it — he is able to relax when he feels himself getting frustrated.

Michael, who dreams of becoming a chef one day, can now maintain friendships and focus on his passion of cooking.

Michael says,

I have learned about myself. Ms. Joy has shown me coping skills that I never thought of before.

MHY can change your life. You just have to accept the help.





New programs at Longmore

Thanks to several community partnerships, Longmore Academy introduced and expanded programming for students this year. New programs for all abilities and interests include STEM/Robotics, Tower Gardens, Music Therapy, Art Residency, Kickball and Cheer.

"Through our community partnership, Longmore has been able to enhance its program for our students to not only impact their academic performance but also support their emotional needs," says Christine Raymond, Director of Education at MHY. "The STEM and Tower Garden programs incorporated math and science, and we believe these initiatives impacted scores this year in those areas. Our partnership with Animal Friends assisted our literacy program and helped struggling readers gain confidence and proficiency in reading."

Jeremy

As Jeremy's 13th birthday approached, his mom worried about being able to afford gifts and decorations to celebrate her son's milestone birthday. Jeremy's MST caseworker Nichole Monday thought, "There must be a way I can help this family that has been working so hard on their treatment."



Jeremy had mentioned that he wanted an alarm clock, a football and board games to play with his family. With the help and support of MHY donors, Nichole was able to provide decorations, ingredients to make a cake and gifts for Jeremy's birthday celebration with his family.

When Nichole visited with them after the birthday, Jeremy excitedly told her about the fun birthday party his mother was able to give him. He shared that he did not think he would have a celebration this year and was surprised and grateful for all he received — especially the gifts that brought his family together to have fun.

BEV'S CHRISTMAS GIVING PROJECT

I started my Christmas Giving Project eight years ago and Easter Bags three years ago. I was so impressed with what MHY was doing for the kids after visiting the campus during a Fall Festival that I felt the need to do something for the residents. I met with Amy Smith and asked where there was a need and she said one word, 'Christmas.'

My church — Ohio UP in Aliquippa — and fellow employees at American Airlines have helped make it possible. Our goal is not just material gifts but to make sure the kids don't feel forgotten and to make them feel special.

One thank you note we received several years ago has become our mantra. It reads: 'I just want to say thank you for caring about people you never even met or even seen. I'm so thankful for people that care because no one in my family cares so it's good someone does. Because of people like you I haven't given up.'

- Bev Abate





SWIMMING LESSONS

Thanks to a Community Grant from Moe's Southwest Grill, children in MHY's residential programming received swimming lessons and pool safety instruction. Rose E. Schneider Family YMCA instructor Ashley Vranick reported that **fewer than 5% of the children had basic swimming skills when lessons began.** Several youth had to manage past trauma from water incidents, so Ashley kicked off the lessons with safety skills, teaching each child what to do if they accidentally fell in the pool.

"I spent a great deal of time building confidence, cheering them on and celebrating the small successes," Ashley says.

Today, a majority of the participants have learned one stroke and can swim 15 feet without putting their feet on the pool floor.

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Your Time Made a Difference

The lives of all the youth served by MHY are heavily impacted by the efforts of our volunteers. We are blessed to have hundreds of volunteers who share their gift of time—and their hearts—with the MHY family.



MHY welcomed over

2300

hours of volunteer service this past year

Wolf Consulting strives to keep people at the center of everything we do. As a company, we wanted to come together and support an organization that was making a positive impact on our community. We had made donations in the past, but this was our first time engaging in a volunteer activity as a company.



We knew MHY Family Services was doing really important work in the community. We thought that spending time with the children that MHY supports would be a meaningful way to volunteer.

We ended up finding the experience to be everything that we hoped for and more. Not only was it a fun day for the kids at MHY Family Services, it was also a fun day for our staff, too! All the children were actively engaged in everything that we had planned and we saw a lot of smiles and laughs.

We were blown away at their attentiveness and interest in all the different events we had set up — especially the Kona Ice truck that we arranged to make a visit. **J



- Elliott Hyman, CEO

I learned a while back that a connection with a kid, even though it may be brief, can have a positive impact on how they feel about themselves

We hope and pray that through those game nights and field day activities, that the kids feel valued and cared about. We are likely the only, or one of a very few, nonauthoritarian adults in their lives. And yes, adults can laugh and have fun with them.

- Richard Wheland, Parkwood Church





When I first volunteered at MHY four years ago, I thought I would be working with kids. I ended up working in Ginger's Store and have come to realize how important it is to the well-being of all the kids here at MHY.

We maintain a high standard of quality in the store to provide a positive experience to kids who need our TLC. Plus, I really love every minute of working with our crew of volunteers to keep the store in great shape.

> - Peg Lombardi, Ginger Store Volunteer

meaningful and satisfying Services because they risk, who might Family **Support MHY** path toward are who - Mac Purvis Jr., Owner of Mars Planet Mart

or forgotten by

Thank you for providing our associates the opportunity to volunteer at the Mars Home for Youth. We chose MHY because of their strong ties to the community and the excellent services they provide for at-risk youth and their families.

It was our pleasure to spend Keller Williams Realty annual RED (Renew, Energize, Donate) DAY assisting in beautifying one of your buildings by painting interior rooms and the landscaping of the grounds.

We hope to be able to volunteer at MHY in the future.

- Cheryl Griffiths, Keller Williams Realty



Family Center

MHY plans to establish a Family Center on the MHY Campus to increase support for children and their families throughout their treatment in residential services. MHY recognizes the benefits of engaging family members during treatment, and with the renovation of a building on the Mars campus, MHY will ensure a safe, nurturing and engaging space.

Utilizing an existing building, MHY plans to convert this space to a comfortable, home-like environment where both youth and family members can meet, develop treatment goals, and practice new interaction and coping skills.



Research indicates that families who are engaged throughout treatment can positively impact treatment progress and readiness of family and children for reunification.

MHY Family Services prioritizes creating an environment that supports the needs of families to maximize their engagement. Supports have included helping families with transportation. meals and visitation.

Because of this focus, 90% of families engaged and participated in their child's behavioral health treatment this past year.

When asked. 97% of families with children in MHY's residential programs stated they would recommend MHY to others in need.

We support MHY to help create a better world for those who need lifting up during a difficult and challenging time, and to provide opportunity for the children at MHY to be happy, healthy and share their unique gifts with the world.

- Patrick and Rachael Kerrish

Boswell Gymnasium Renovation

MHY's Boswell Gymnasium is one of the most used buildings on campus, supporting physical education classes, team sports and fun for hundreds of children each year in MHY's residential programs and Longmore Academy.

Built in 1986, the Boswell Gymnasium is in need of some TLC, including new flooring, lighting and security. A special thanks to Rich-Mar Rotary for leading donations with the contribution and support for the replacement of the gymnasium flooring.

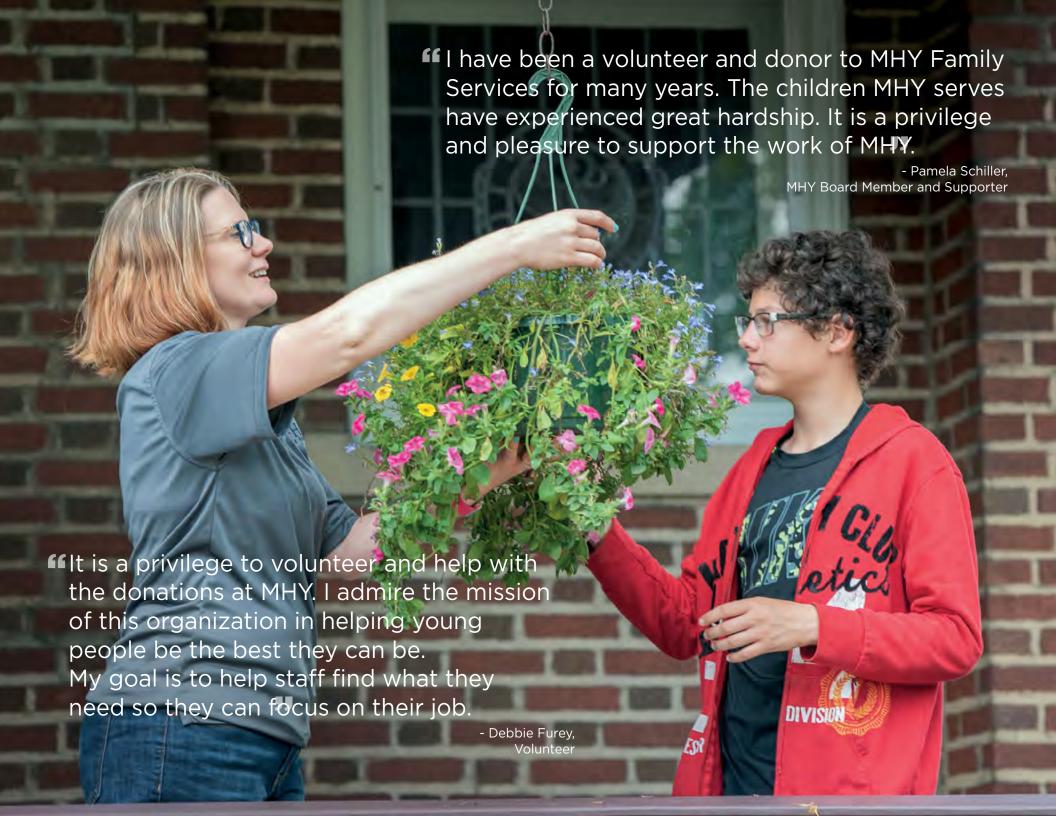
MHY hopes to find partners to help with additional renovations to give boys and girls a therapeutic space to develop skills and talents, build self-esteem, and reinforce positive exercise habits.

Program Expansion at MHY

During the 2018-2019 school year, **Longmore** Academy welcomed new and expanded educational **programs** through the generous support of donors (see page 10). Longmore continues to offer programs and experiences that will facilitate academic achievement as well as individual student growth in social and emotional development.

The Community Services team is pursuing **expansion** in its evidence-based programs that are highly specialized and geared toward serving different populations that lack these proven and effective treatments. It's an opportunity for us to fill a service gap and approach youth and families that are underserved with a program or treatment scientifically proven to be effective.





Donor Report

July 1, 2018 - June 30, 2019

MHY Family Services is able to illuminate a path to a brighter tomorrow for the youth and families we serve only with the support of generous donors like you. Your belief in them reminds us all that there is always reason to hope.

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Support

Donors

GIVING LEVELS

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Sanctuary Donors	\$5,000 to \$9,999
Hope Donors	\$2,500 to \$4,999
Healing Donors	\$1,000 to \$2,499
Commitment Donors	\$500 to \$999
Friendship Donors	\$250 to \$499
Support Donors	up to \$249

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We support MHY because family is at the center of everything we do here at Tom Henry Chevrolet. Creating a stronger community begins with supporting the families that surround us.

When MHY pours into the youth that come through their doors, they are not only making an impact in that moment, but also an investment in the future.

- Tom Henry Chevrolet

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MHY earned expedited re-accreditation through COA, Council on Accreditation, as a result of not having any non-compliance ratings on fundamental standards. COA Accreditation signifies that MHY Family Services effectively managing its resources and provides the best possible

services to all of its stakeholders.

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NexTier Bank supports many organizations within our communities, and MHY Family Services is one of our favorites. MHY Family Services is an invaluable asset for our local youth and their families, striving to improve their skills to re-engage with home, school and community. NexTier Bank looks forward to following the successes of MHY Family Services and their youth for many years to come. "

- Carol Achezinski, Senior Vice-President

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I have been blessed with a strong supportive family that gave me a great foundation for life. I want to be a part of providing that for kids that don't have it."

> - Sue, Volunteer supporting MHY's Human Resources Department

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Mitsubishi Electric Power Products, Inc. is dedicated to helping young people, including their families, maximize their own potentials! Life is a gift, and contributing to MHY offers us the privilege, opportunity, and responsibility to give something much more to our local community. "

- Julie Ritenour, Export Import Consultant

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F: 412-408-3692

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F: 724-477-0096

Butler County:

220 S. Washington St. Butler, PA 16001 T: 724-256-5037

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T: 814-437-1246

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18282 Technology Dr. Suite 101 Meadville, PA 16335 T: 814-437-1246

F: 814-337-8080

Every effort has been made to accurately reflect gifts received between July 1, 2018 and June 30, 2019. Please contact Amy Smith. Director of Development at 724-625-3141 x228 to address inadvertent omissions or errors.

MHY Family Services is a 501(c)3 non-profit organization. A copy of the official registration and financial information may be obtained by calling 800-732-0999. Registration does not imply endorsement.

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MHY Family Services is Accredited by the Council On Accreditation (COA) signifying that the MHY organization meets standards of quality set forth by the accrediting body.

A Trauma Informed Organization: MHY Family Services supports an organizational structure and treatment framework that involves understanding, recognizing and responding to the effects of trauma. Emphasizing physical, psychological and emotional safety for the entire MHY community, survivors can rebuild a sense of control and empowerment.

Who We Serve: MHY Family Services provides comprehensive treatment, education and on-going trauma informed care for nearly 1,300 youth, families and adults annually, who have experienced trauma and struggle with an array of hardships, including behavioral health concerns, abuse and neglect.



Mars Home for Youth Foundation

Main Campus and Longmore Academy 521 Route 228 • Mars, PA 16046

Mission statement: For 141 years, MHY Family Services has promoted the safety, health, education and spiritual well-being of youth and families.