

2022-2023 ANNUAL REPORT



*Serving Youth & Families*

**M·H·Y**  
FAMILY SERVICES  
Since 1878

# NEW PORT



## Message from Lisa

Dear Friends,

Have you ever thought of yourself as a changemaker? If you are reading this annual report, **YOU ARE!** Your support has made MHY Family Services the leader in groundbreaking and system-changing work. Thanks to you, we are keeping youth in their homes and communities. We are successfully treating mental health symptoms so that children do not need out-of-home placements or psychiatric hospitalizations. We are empowering students to achieve, and even exceed, their academic potential.

Together, we have brought the future of behavioral health care to Pennsylvania.

### LOOK AT THE CHANGE YOU HELPED CREATE:



Our outcomes using Multisystemic Therapies are outstanding. **MHY has surpassed national standards** of improving mental health symptoms of children, boosting school attendance and relationships with family and peers in the process.

66%

**Longmore Academy increased enrollment** of students in grades 1-12 in 30 area school districts by 66%! To meet even greater enrollment demand this school year, we are breaking the mold. New dynamic and interactive classrooms are now spread across our beautiful campus.

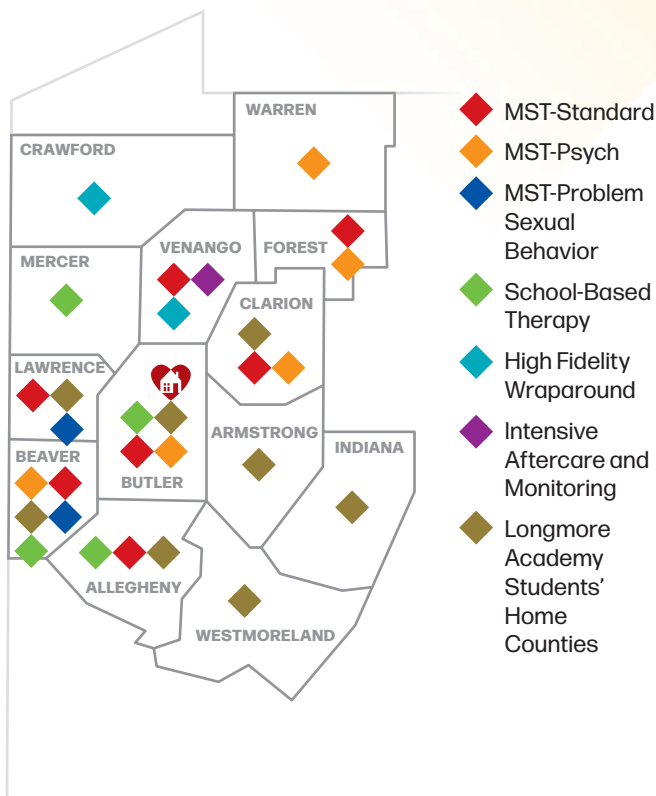


Our **School-Based Mental Health Programs continue to expand**. We have partnered with three public school districts and one charter school to advance individualized mental health services to meet the needs of students while supporting each district's unique culture.



MHY will soon break ground on a new **Playground Project!** With your help, we can complete our inclusive, sensory-responsive playground for elementary students with diverse neurological and learning needs. This will be a place where ALL children, regardless of their abilities, can play, explore and rejuvenate.

## Where MHY Serves



I am grateful to the entire MHY Family Services team of changemakers for their hard work and dedication. I am thankful for YOU, our generous donors and partners whose support has fueled our advances. You are creating real change across our programs. We could not have achieved these successes without your commitment to our mission, and with your help, we will continue to make groundbreaking advancements!

I hope you continue to embrace your role as a changemaker alongside MHY Family Services, whether it is through your support of our Playground Project, services for students in need of a therapeutic learning environment, or in-home mental health treatment programs and services. Together, we can continue to break new ground and go above and beyond for youth and families.

Sincerely,

Lisa M. Schiller  
Executive Director

# MHY Family Services

Founded in 1878, MHY Family Services brings together talented and committed employees, volunteers and donors who strive to continuously improve the lives of youth and families. As an essential behavioral health and education provider in Western Pennsylvania, MHY offers comprehensive treatment, education and trauma-informed care that shatters conventional thinking.

From innovative in-home treatment programs like MST-Psych to a fully accredited private school for grades 1-12, MHY is breaking new ground through a variety of services that help at-risk youth and their families manage and cope with trauma-based issues so they can remain engaged at home, in school and throughout our communities.

MST-Psych Team in Beaver County



## OUR PROGRAMS:

**154**

students served at  
Longmore Academy  
in 2022-23  
school year

School-Based  
Behavioral Health  
Program in  
Lakeview, Slippery  
Rock, and Sto-Rox  
School Districts

**247**

students in  
2022-23

MST Psychiatric  
Care (MST-Psych)

**82**

children and  
families

High Fidelity  
Wraparound

**31**

Multi-Systemic  
Therapy (MST)  
Standard

**240**

children and  
families

MST Problem  
Sexual Behavior  
(MST-PSB)

**6**

children and  
families

Intensive  
Aftercare and  
Monitoring

**17**

# A Pioneer of Service

**MHY is proud to be the biggest provider of MST in the world!**

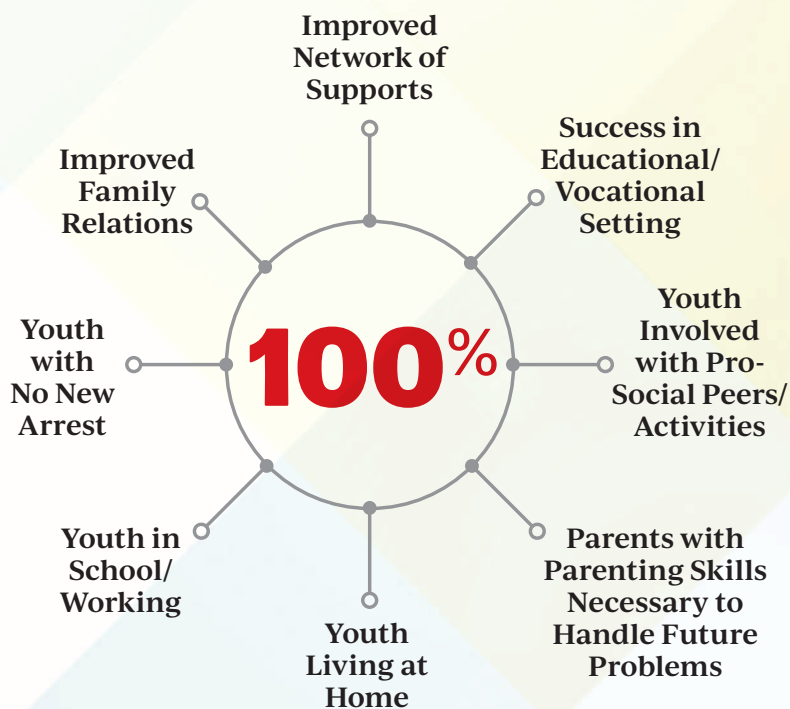
When MHY launched Multisystemic Therapy - Psychiatric Care (MST-Psych), it was the first program of its kind in the country with approved managed-care funding.

Today, we provide MST-Psych to children ages 9-17 in Beaver, Butler, Clarion, Forest and Warren counties. A scientifically proven program for children who are at risk of out-of-home placement due to serious psychiatric and behavioral problems, MST-Psych transforms lives, restores family stability and heals our youth – right in the comfort of home.

And with highly trained therapists available 24/7, **MHY is at the forefront of this fast, effective and groundbreaking treatment phenomenon.**

MST-Psych celebrated one year of operation in Butler County in 2023.

## HERE ARE THE AMAZING OUTCOMES:



OUTCOMES IN 12 MONTHS	Target	MHY Result
Percent of Youth Living at Home	90%	<b>100%</b>
Percent of Youth in School/Working	90%	<b>100%</b>
Percent of Youth with No New Arrests	90%	<b>100%</b>

CASE CLOSURE DATA		
Average length of stay for youth receiving MST		<b>178 Days</b>
Percent of youth completing treatment	85%	<b>100%</b>
Percent of youth discharged due to lack of engagement	<5%	<b>0%</b>
Percent of youth placed	<10%	<b>0%</b>

“MST-Psych has truly empowered me. I can’t even begin to explain the changes I’ve seen in our home.”

– MST-Psych parent





Micayla Denk, Crisis Caseworker for MST-Psych in Butler County, and Tawan Bailey, MST-Psych Beaver County Therapist, pick up supplies for youth.

## High Fidelity Wraparound

MHY's High Fidelity Wraparound (HFW) is a youth and family-guided planning process designed to improve the lives of youth with complex needs. Rather than a program or a type of service, HFW is a process used by communities to support children and youth with complex needs and their families by developing individualized plans of care.

MHY's High Fidelity Wraparound Team



## MST-Psych has Expanded!

Our MST-Psych North Team is the first team to serve multiple rural counties. Serving a large geographic area in **Clarion, Forest** and **Warren counties**, this team is changing lives and making a dynamic impact on rural communities that face significant challenges in accessing quality mental health and psychiatric programs.



MHY's MST Team Members

## Redefining Care

The first step in helping youth and families in crisis is to stabilize the entire family. Our MST-Psych therapists do whatever it takes to help achieve that goal – from deescalating conflict between caregivers and their children to driving to families' homes in the middle of the night to respond to a crisis. Our team has redefined what psychiatric care looks like for children in our community.

### Making New Memories: Partnership with Dutilh United Methodist Church

For many years, the congregation at Dutilh United Methodist Church has graciously funded scholarships for MHY children to attend summer camps. Their generosity continues to give kids like Jeremy a fun and impactful summer to remember.

Jeremy, 9, struggled with severe anxiety and panic. After months of intensive work with MST-Psych therapist Victoria Reich, MSW, Jeremy made significant progress in using new coping strategies to manage his fears. When Jeremy had the opportunity to attend the Jumonville Summer Camp through a scholarship from the Dutilh United Methodist Church Congregation, Victoria helped build Jeremy's confidence and manage his fear-based emotional response.

Victoria reported that Jeremy enjoyed three event-filled days of swimming, playing and meeting new friends. He is already planning for a longer stay at camp next summer!



# Breaking Barriers

MHY's School-Based Behavioral Health program is reducing barriers to mental health services through comprehensive care that integrates clinical mental health professionals into the school setting. MHY provides service coordination, case management, consultations and individual therapy, all under one umbrella.



School-Based Mental Health Therapy Team

# 154

students served  
in 2022-23  
school year

# 66%

increase in  
students

# 50%

increase in  
elementary  
enrollment



## Longmore Academy

By the  
Numbers

# 1.04

grade equivalent  
improvement  
in math among  
students

# 95%

of students  
are receiving  
special education  
services

When a student participated in MHY's School-Based Therapy program last year, other students would say, 'Ew, you see a therapist?' But now, that culture has shifted completely. These young students have transformed into advocates for their own mental health and wellness.

— Kayla Niba,  
MHY School-Based Therapist

## The Power of Strong Support

As a first-grader, Oliver arrived at Longmore with significant behavioral issues. With Longmore's small class size and individualized attention, Oliver gained skills to help him effectively communicate to his teaching team what he needed. He also learned that when he was feeling overstimulated, he could ask to go to the new Sensory Room, where he enjoyed playing with the weighted stuffed animals.

Now in second grade, Oliver is one of the first students in Longmore Academy's **NEW Elementary Autistic Support Classroom**. Oliver's mom reports that he now expresses his needs at home, and she hopes he can be a Longmore Longhorn until graduation.



**THE MHY FAMILY CENTER**  
Est. 2021  
In recognition of our dedicated partners.  
Thank you for providing a safe and welcoming  
place for children and their families.



From left: Lisa Schiller, MHY Executive Director; Larry S. Blair, ESQ, Individual Co-Trustee, The Edith L. Trees Charitable Trust; and Jennifer Reitzell, Vice President and Manager, The PNC Charitable Trusts

“Tending to mental health needs is a priority in order to establish the best possible opportunity for academic learning. With a formal School-Based Therapy program, we are able to provide ongoing individual and group therapy to meet the emotional and behavioral needs of students.”

—Christine Raymond,  
Longmore Academy Principal

## A New Frontier

The Edith L. Trees Charitable Trust provided funding to allow Longmore Academy to expand the educational offerings of its Autistic Support Elementary Classroom as well as a second Autistic Support Classroom for middle school and high school students who require life skills and career readiness instruction.

## Help When Needed Most

Because of their commitment to the health and success of our community’s children, the A.J. and Sigismunda Palumbo Charitable Trust and the Kerrish Family Trust provided grant funding to enable Longmore to launch its Mental Health Program.



Rachael and Patrick Kerrish, who supported Longmore’s new School-Based Mental Health Program through the Kerrish Family Trust.



From left: John and Mary Rae Kowach, executors of the A.J. and Sigismunda Palumbo Charitable Trust; Lisa Schiller, MHY Executive Director; Julia LeDuc, Longmore’s new School-Based Therapist; and Christine Raymond, Longmore Principal

# A Place for Everybody:

## MHY's Playground Project

### GIVE THE GIFT OF PLAY TO MHY CHILDREN

At MHY, we believe that every child deserves a space outside of the classroom to explore, learn and play. That's why, as our enrollment of elementary students grows, we're planning to break ground on a safe, inclusive and accessible play area for all Longmore Academy students – but we can't do it without you!

**If you'd like to help make this dream a reality for our students, give us a call or visit our website today.**

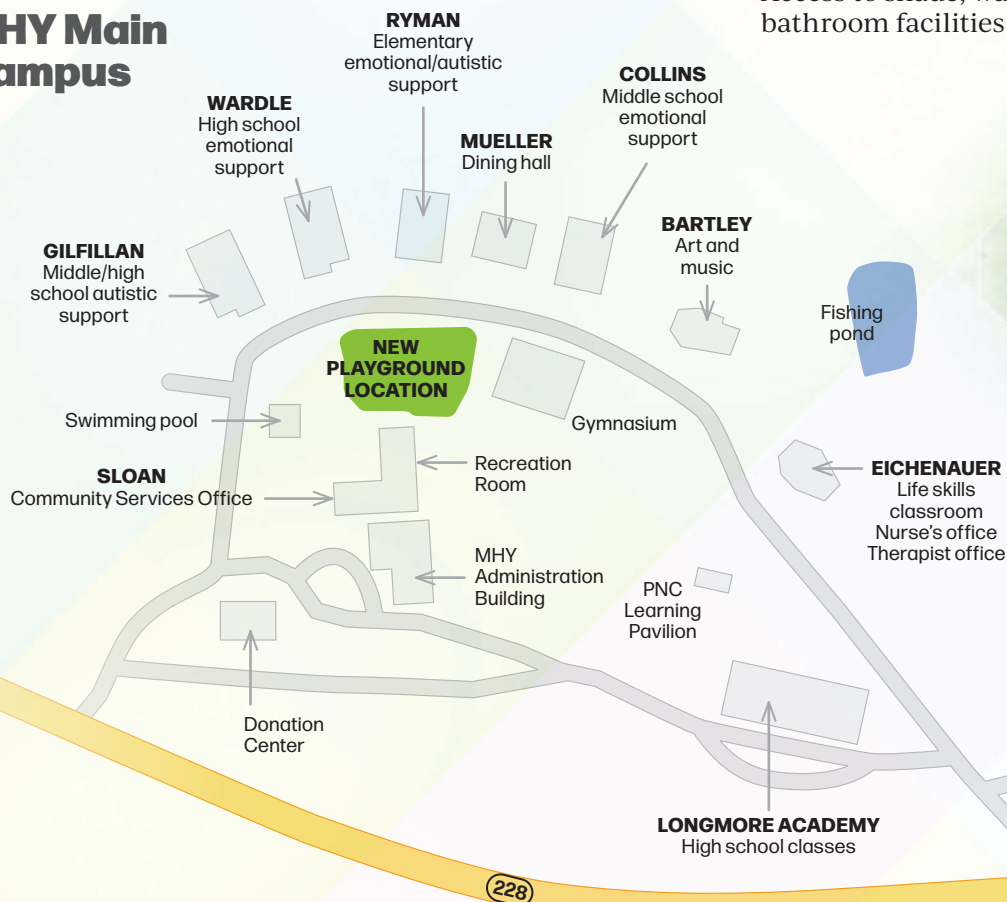
### THE PROBLEM

- Children with special sensory, cognitive and physical needs often face challenges in accessing traditional playgrounds and play spaces.
- Many play areas are not designed with the needs of these children in mind. As a result, playgrounds can be overwhelming or inaccessible.
- This can lead to social isolation, decreased physical activity and increased stress levels, impacting their overall progress.

### THE SOLUTION

- Installation of a playground specifically designed for children with specialized cognitive, emotional and physical needs.
- The playground will include features that are both traditional and sensorimotor adaptive, tailored to the needs of these children. Special features include:
  - Sensory-friendly equipment that is not overwhelming or overly stimulating
  - Opportunities for social interaction and communication
  - Space for quiet activities
  - Access to shade, water and bathroom facilities

## MHY Main Campus





**BENEFIT:**  
Provide an accessible, safe and supportive environment where children with special needs can play and learn.

**BENEFIT:**  
Help to reduce social isolation and increase physical activity.

**BENEFIT:**  
Offer a valuable resource for children with special needs, as well as for the MHY community as a whole.

**BENEFIT:**  
Help children develop sensory skills, including balance and coordination.

# Life-Changing Support

At MHY, our mission is to help youth and families stay together in their homes and communities — and our generous donors and volunteers play an integral role in that shared effort. We are grateful for our many community friends who support us throughout the year!

At Mitsubishi Electric Power Products Inc., we are proud of our employees' commitment to philanthropy through our HOPE (Helping Our Partners Exceed) Committee. It is an honor for MEPPi to continue partnering with MHY to support our local youth with school supplies through our Annual 'Backpack to School' Drive.

— John Fowler,  
MEPPi Vice President & Chief Financial Officer  
and HOPE Executive Officer



PPG COLORFUL COMMUNITIES® supported the painting of MHY's Collins Building, which welcomes middle school students.

Mary Jane Wise



## A Generational Impact

About 80 years ago, my husband's grandmother, Mary Jane "Murt" Wise, attended MHY for several years as an orphan. Her memories at MHY were her favorite to talk about, and she never skipped a beat when reminiscing. MHY is such a wonderful little community, and I am so honored to have been able to help beautify it.

— Hannah Wise  
Customer Service Representative  
PPG Architectural Coatings





Many thanks to our friends from Infinity Custom Homes and Metro Fence Co., Inc., who partnered with us to build a new fence for our campus pool!  
*Pictured: George Klemmer and Jeff Zwergel*

## Lending a Hand

MHY Family Services celebrates its partnership with our friends at Passavant Hospital Foundation! In addition to supporting MHY's annual holiday program, Passavant Hospital Foundation awarded MHY the Community Initiatives Grant, which provides critical support to youth and families in MHY's MST-Psych program.

**We are proud to call Passavant Hospital Foundation a valued partner.**



Infinity Custom Homes painted Barley Classrooms for Longmore Academy's art and music programs.

Ernst & Young (EY) volunteers transformed the first floor of the Collins Building for our middle school students.



The Mars Area High School Girls Lacrosse Team supported MHY's holiday gift drive.



# Donor Report

**JULY 1, 2022 - JUNE 30, 2023**

Thanks to the generosity of donors like you, MHY Family Services is helping youth and families grow and heal together. **Your support is transforming lives, each and every day.**

At MHY, our mission is to help youth and families stay together in their homes and communities — and our generous donors and volunteers play an integral role in that shared effort. If you'd like to make a life-changing impact in the lives of at-risk youth and their families, there are many ways to help, including:

- Donor advised fund
- Workplace giving
- Employer matching gift
- Monthly gift through our secure website

In addition, **MHY is now EITC approved!** That means approved businesses can direct up to 90% of their PA state tax credit to support MHY Family Services.

## Inspiration Donors

A.J. and Sigismunda Palumbo Charitable Trust  
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Beaver County Health Choices Reinvestment Funds  
Edith L. Trees Charitable Trust  
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**Ronald & Cindy Thomas**♥

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The John & Carrie Austin Family Fund

👍👍 We recently met a young lady that received support from MHY during her troubled teen years who shared, 'MHY turned my life around!' We feel strongly about supporting our local community, and we know MHY makes a difference in the lives of children. 🗨️🗨️

— Anonymous Donor

## Hope Donors

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Consider MHY in your Workplace Giving campaigns such as United Way, Benevity, Frontstream, Cybergrants and more!

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## Music Makes an Impact

Through the generosity of a private local family, Longmore Academy's music program is thriving, inspiring students with emotional, sensory and academic needs.

It was an exciting year for my students. I was able to introduce guitars and recorders to blossoming musicians in grades 1-12, and students in our Autistic Support classroom received new percussion instruments that are adapted to meet their individual needs. This funding gift has impacted the lives of our students more than I ever could have imagined. 🗨️

— Kristin Wilson,  
Longmore music teacher

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Heather Lee Amos-Yeo  
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Addiction Center  
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Enterprise Rent-A-Car  
Daniel Erin  
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FedEx Ground in North  
Pittsburgh  
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First Presbyterian Church  
of Edgewood  
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Home Education Learning  
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**HOW TO  
SUPPORT MHY:**  
A legacy gift to MHY  
in your estate plan will  
ensure care will be  
available for children  
and families.

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Healing Donors .....	\$1,000 to \$2,499
Commitment Donors .....	\$500 to \$999
Friendship Donors.....	\$250 to \$499
Support Donors.....	up to \$249
In-Kind Support .....	Donations of Goods

♥ denotes an MHY employee or board member

👍 Hannah, an elementary student, struggled to speak in public and had not spoken to peers in school for years. After some time working with her, Hannah began speaking to me in a whisper, but only if my door was closed. As we built her confidence, she soon began talking to me in the halls, in the office, and even said 'hello' to me in front of classmates. She is now working on raising her hand to answer a question. I am so proud of her progress! 🗨️

Melissa Ray,  
School-Based Therapist

McKenna Merritt  
 Connie Mikus  
 Abby Miller  
 Terri Miracle  
 Mitsubishi Electric Power  
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 Yong Zhang  
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 Abigail Zorrilla Latona

## In Honor of

**Stacy Burris**  
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**Laura Cottingham &  
 Addison Walter**  
 from Allison Bustin  
 Eileen & Eric Cottingham  
 LuAnn Cottingham  
 Jan & Jim France

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**The Tremendous Staff of  
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**Ben Toomey**  
 from Mimi

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 from Kathy Dlugonski

## In Memory of

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Every effort has been made to accurately reflect the gifts received between July 1, 2022, and June 30, 2023. Please contact Amy Smith, Director of Development and Program Advancement, at 724.625.3141 x228 to address inadvertent omissions or errors.

MHY Family Services is a 501(c)3 nonprofit organization. A copy of the official registration and financial information may be obtained by calling 800.732.0999. Registration does not imply endorsement.

**HOW TO  
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 All gifts made in honor  
 of or remembrance  
 of a loved one will  
 directly impact children  
 and families in our  
 community.



### **MAIN CAMPUS AND LONGMORE ACADEMY**

521 Route 228  
Mars, PA 16046  
**T:** 724-625-3141  
**F:** 724-625-2226

**mhyfamilyservices.org**  
info@mhyfamilyservices.org

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**T:** 412-408-3693  
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*now on the MHY main campus*

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Mars, PA 16046

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**Mission statement:** For 145 years, MHY Family Services has promoted the safety, health, education and spiritual well-being of youth and families.

*To protect the confidentiality of our youth and families, MHY does not use client names or identifying photos. Some of the children depicted in this report are representative of those we serve.*

