

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate



Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME!

DAILY ALTERNATES.

Daily entrée options may include:
Sunbutter and Jelly on WG Sliced Bread,
Gluten free alternative

WG= Whole Grain

Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!!

Lunch Prices

Student \$0.00

Adult \$0.00

General Manager

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Email

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USDA is an equal opportunity provider and employer



MHY Family Services

April 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<p>24 Breakfast Pancakes w/ Syrup or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Cheeseburger Macaroni Chicken Patty Sweet Peas Choice of Fruit Veggie and Milk</p>	<p>25 Breakfast Breakfast Pizza or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Chicken Soft Tacos Mini Corn Dog Street Corn Choice of Fruit Veggie and Milk</p>	<p>26 Breakfast Bagel w/ Cream Cheese or Jelly or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch BBQ Chicken Wrap French Dip Sub w/ Aus Jus Glazed Carrots Choice of Fruit Veggie and Milk</p>	<p>27 Breakfast Belgian Waffle w/ Syrup or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Chicken Salad Flatbread Beef Ravioli w/ Sauce and Breadstick Broccoli Salad Choice of Fruit Veggie and Milk</p>	<p>28 Breakfast Breakfast on a Stick or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Meatball Hoagie Fish Sandwich Mashed Cauliflower Choice of Fruit Veggie and Milk</p>
<p>31 Breakfast Pancakes w/ Syrup or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch BBQ Ham Sandwich Chicken Fries w/ Dinner Roll Green Beans Choice of Fruit Veggie and Milk</p>	<p>1 Breakfast Breakfast Pizza or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch BBQ Pulled Pork Sandwich Chicken Fajita Steamed Corn Choice of Fruit Veggie and Milk</p>	<p>2 Breakfast Bagel w/ Cream Cheese or Jelly or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Chicken Philly Cheesesteak Hot Dog French Fries Choice of Fruit Veggie and Milk</p>	<p>3 Breakfast Belgian Waffle w/ Syrup or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Breakfast For Lunch! French Toast, Sausage, Egg and Hashbrowns Choice of Fruit Veggie and Milk</p>	<p>4 Breakfast WG Donuts or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Stuffed Crust Pizza Fish Nuggets w/ Roll Roasted Sweet Potatoes Choice of Fruit Veggie and Milk</p>
<p>7 Breakfast French Toast w/ Syrup or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Spicy Chicken Sandwich Stoppo Joe Cheesy Rice and Broccoli Choice of Fruit Veggie and Milk</p>	<p>8 Breakfast Breakfast Pizza or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Walking Taco Chicken Quesidilla Pizza Steamed Corn Choice of Fruit Veggie and Milk</p>	<p>9 Breakfast Cream Cheese Bagel or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Mac N Cheese Buffalo Chicken Tenders w/ Roll Green Beans Choice of Fruit Veggie and Milk</p>	<p>10 Breakfast Belgian Waffle w/ Syrup or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Cheeseburger Italian Hoagie Roasted Ranch Potatoes Choice of Fruit Veggie and Milk</p>	<p>11 Breakfast Breakfast on a Stick or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch French Bread Pizza Grilled Cheese w/ Tomato Soup Steamed Broccoli Choice of Fruit Veggie and Milk</p>
<p>14 Breakfast Pancakes w/ Syrup Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Rib Sandwich Pierogis w/ Onions Bacon and Cheese Mixed Veggies Choice of Fruit Veggie and Milk</p>	<p>15 Breakfast Breakfast Pizza or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Beef Tacos Corn Dog Corn on the Cobb Choice of Fruit Veggie and Milk</p>	<p>16 Breakfast Bagel w/ Cream Cheese or Jelly or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Dino Nuggets w/ Roll Sausage Sandwich w/ Peppers and Onions Brussel Sprouts Choice of Fruit Veggie and Milk</p>	<p>17 Breakfast Belgian Waffle w/ Syrup or Cereal Apple and Fruit Juice 1% White or Skim Milk</p> <p>Lunch Pasta w/ Meat Sauce Italian Chicken Sandwich Broccoli Choice of Fruit Veggie and Milk</p>	<p>18 Happy Easter Weekend!</p>