

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate



Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices
LEAVE Your lunch and drinks HOME!

DAILY ALTERNATES.

Daily entrée options may include:
 Sunbutter and Jelly on WG Sliced Bread,
 Gluten free alternative

WG= Whole Grain

Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!!

Lunch Prices
 Student \$0.00
 Adult \$0.00

General Manager
 Lynn Paga 724-602-8168
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USDA is an equal opportunity provider and employer



Monday

30

Turkey and Cheese
 Croissant
 MHY Craveable
 Bagel, Yogurt
Cheese Stick
 Corn
 Choice of Fruit Veggie
 and Milk

Tuesday

31

Chicken and Cheese
 Quesadilla
 MHY Craveable
 Bagel, Yogurt
Cheese Stick
 Sweet Peas
 Choice of Fruit Veggie
 and Milk

Wednesday

1

Asian Sesame
 Chicken. Rice.Roll
 MHY Craveable
 Bagel, Yogurt
Cheese Stick
 Broccoli
 Choice of Fruit Veggie
 and Milk

Thursday

2

Ham and Cheese
 Pretzel
 MHY Craveable
 Bagel, Yogurt
Cheese Stick
 Baked Beans
 Choice of Fruit Veggie
 and Milk

Friday

3



6

Chicken Nuggets w/ Roll
 MHY Craveable
 Super Fruit
 Goldfish, Cheesestick

Tator Tots
 Choice of Fruit Veggie
 and Milk

7

Walking Taco
 w/ Beef
 MHY Craveable
 Super Fruit
 Goldfish, Cheese Stick
 Refried Beans
 Choice of Fruit Veggie
 and Milk

8

Cheeseburger
 MHY Craveable
 Super Fruit
 Goldfish, Cheese Stick

Broccoli Salad
 Choice of Fruit Veggie
 and Milk

9

Corn Dog
 MHY Craveable
 Super Fruit
 Goldfish, Cheese Stick

Curly Fries
 Choice of Fruit Veggie
 and Milk

10

Pepperoni Pizza
 MHY Craveable
 Super Fruit
 Goldfish, Cheese Stick

Corn Salad
 Choice of Fruit Veggie
 and Milk

MHY Family Services

April 2026 Lunch

